

TWELVE

AT THE MEWS
CANTEEN • BAR

SMALL PLATES

PERFECT FOR SHARING

Perello Olives V VE GF Marinated for a traditional kick	£4.5	Chicken & Chorizo Popcorn Taco With sweet pickled cucumber & garlic sauce	£8
Bruschetta V VE Fresh tomato, red onions, garlic, fresh herbs & olive oil	£5	Halloumi Fries V Served with garlic mayonnaise	£9
Triple Cooked Diced Potatoes V VE GF Served with white onion on roasted tomatoes & garlic	£6	Jerk Chicken Wings GF 10 roasted wings with garlic & mint yoghurt dip	£9
Sian's Favourite GF 2oz fillet steak with king prawns in a thermidor sauce	£18	Mushroom Kiev Portobello V VE Stuffed with vegan garlic butter, served on roasted mediterranean vegetable ragu	£8
Hoisin Beef Strips With peppery fried noodles & finished with kimchi dressing	£9	Sautéed Garlic Prawns* Sautéed in garlic butter with two toasted slices of ciabatta	£11
Crispy Fried Pork GF With crispy leeks & sweet chilli sauce	£8	Vegetable Katsu Curry V VE GF Roasted vegetables with stir-fried rice, curry sauce and scallions	£9
Old Man's Monkfish GF Saffron infused monkfish skewer served in a lightly spiced vegetable broth	£16	Glamorgan Sausages V Cheddar cheese, leeks & a dash of mustard rolled in breadcrumbs, served with tangy tomato chutney	£8
Lazy Cow Burger VEO A 4oz beef patty served with cheese, tomato & lettuce	£9	Twelve Smoked Bacon Salad With crisp cos lettuce, pepper, garlic, feta cheese, croutons & dressing	£7
Chicken Katsu Curry* Breaded chicken with stir-fried garlic rice, curry sauce and scallions	£9	Deep Fried Cauliflower Fritters V VE With a sweet spiced curry dip	£8
Baked Garlic Loaf V VEO + cheese £1	£4	Smoked Sun Blush Tomatoes V VE Roast garlic, pumpkin & capers tossed with spaghetti finished with fermented wild mushrooms & sea pepper	£9

*We can make this gluten free! Please ask for details

VEGAN (VE) VEGETARIAN (V) GLUTEN FREE (GF) VEGAN OPTION (VEO)

Please let your server know if you have any allergies or dietary requirements and we will gladly accommodate you

Ask Our Team For The Children's Menu



01834 845945

Upper Frog Street, Tenby
SA707JD

www.twelvetenby.co.uk

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SOMETHING EXTRA

Baked Ciabatta Loaf V VE
With olive oil and balsamic vinegar

£5

Samphire Sautéed V VE GF
With roasted peppers (Add bacon +£1)

£5

Stir Fried Garlic Rice V VE GF
With curry sauce

£5

Skinny Fries V VE GF

£4

Skinny Fries With Cheese V GF

£5

Sun Blushed Tomatoes V GF
Olives, roast peppers & Buffalo mozzarella

£6

SAUCES

BBQ Sauce

£1

Garlic Mayonnaise

£1

Sweet Chilli Sauce

£1

Sriracha Sauce

£1

Szechuan Sauce

£1

DESSERTS

THERE'S ALWAYS ROOM FOR A TREAT

Eton Mess V

Whipped cream, fresh fruit & meringue

£8

Chocolate Brownie V

Served with vanilla ice cream

£8

Ginger Chocolate Brownie V VE

Served with ice cream

£8

Belgian Waffle V

With vanilla ice cream & toffee sauce

£8

Selection of Ice Cream V GF

Vanilla, chocolate or strawberry

£6

Selection of Sorbet V VE GF

Passionfruit, lemon or blackcurrant

£6

Cheeseboard* V

Black Bomber, Red Devil and Perl Las cheese with butter, crackers, red onion marmalade and aubergine pickle

£12

Affogato V GF

Hot espresso with vanilla ice cream

£7

Vodka Lemon Sorbet V VE GF

£7



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